Ask Dr. Mikell By Dr. Oswald Mikell

Dr. Oswald Mikell, MD • Dermatology Associates of the Lowcountry American Board of Dermatology | American Board of Cosmetic Surgery | Physician of the Year 2008

Q. I saw a new laser treatment called Fraxel Treatment on The Today Show recently. What are the benefits?

A. Fraxel offers several benefits, among them are: smoother, fresher, younger looking skin, improved tone and texture, reduced wrinkles around the eyes, improved appearance of acne scars, sun damage and surgical scars.

Q. Does Fraxel treatment hurt?

A. Residual discomfort is usually minimal, with most patients reporting feeling like getting a little too much sun.

Q. How many Fraxel treatments do you typically need?

A. Everyone's skin is different, but clinical studies suggest that for most people, maximum results are realized in just 3 to 5 sessions with Fraxel Re:store, and 1 with Fraxel Re:pair.

Q. What's the difference between Fraxel Re:store and Re:pair?

A. Fraxel Re:pair is for patients who need more repair.

Q. What precautions should I take after the treatment?

A. Wear sunscreen of SPF 30 or higher and avoid

direct sun exposure while your skin is repairing or restoring underneath for at least 3 months after your last treatment. Further protect yourself by wearing wide-brimmed hats if you expect to be out in the sun.

Q. Is Fraxel Treatment safe?

A. The Fraxel laser has received FDA-clearance for the following treatments: wrinkles around the eyes, age and sun spots, brown spots, acne scars, surgical scars and skin resurfacing. It can also be used for stretch marks.

Q. How do I know if I'm a candidate for Fraxel treatment?

A. Call Dermatology Associates of the Lowcountry and schedule a consult appointment. (843) 689-5259.